- 1. Outline for the FOB Speech: This is a special time and these are some great areas to cover in order / Be sure to speak into the microphone so all can hear. Do not worry if we do not get everyone's attention- sometimes that's hard--Most of all enjoy yourself. Ps: Write it down and practice it at least twice. Take all the time you want- it's your party.
 - a. Welcome from Lisa & I. Glad you are here for this very special time in our lives. Maybe a joke about the wedding planning that hits you. How you will be leaving after the speech to pay for this. Just an ice breaker.
 - b. Talk about Mallory growing up / memories / special trips vacations / big decisions / first day of school / college. Have the stories reveal her outstanding spirit and character & the special bond between you two and why you love her so much. The more personal the better.
 - c. Then talk about the first time you heard about the boy.
 - d. Talk about the boy, then say how wonderful and pleasant his family is and welcome them into yours.
 - e. Then, draw Lisa up to you and share something special that has been key in your long and successful marriage. Direct it towards them // a kind of wisdom moment.
 - f. Then on behalf of Lisa and you –Again, thank everyone for coming, tell them to enjoy the food and beverage--the night is young!